



THE SPRINGS NIGHT SKY Photo by Karl Sparfeld

(Camera Club)

The Springs CHAT

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The Springs at Santa Rita
951 W Via Rio Fuerte, Green Valley, AZ
85614

Phone: 520 648-1699

<http://www.thespringshoa.org>

CHAT email: koltun3@gmail.com

August/September Events

	Date
Potluck	8/16
Walkaround	9/10
CHAT deadline for September	8/15
September HOA Board meeting	9/25

August Table of Contents

	Page
Meet Your Neighbor	2
NEW CARDIAC STUDY	4-5
Camera Club	6
Book Column	7
CHAT Ads	7
Walkaround	5

Meet Your Neighbor by Sally Bryan

Transplanted Midwesterners Build Home, Community

Bob & Connie Muldoon moved to the Springs from Atlantic, Iowa, in late 2016. They had visited many parts of Arizona over a number of years, as Connie's sister lived in the state for most of her adult life. When they began planning for retirement, they selected Green Valley, AZ. Connie's sister, Donna, who now lives in the Greens, actually previewed houses for them and they purchased their home here in 2009.



During their 42 years in Iowa, Bob was a family dentist. Connie, a Registered Nurse, worked in multiple disciplines of nursing. During her last 16 years, she served as an oncological and orthopedic nurse.

Connie grew up about 25 miles north of Atlantic, Iowa, and Bob grew up in South Dakota. During Bob's first year of dental school at Creighton University, Connie was a freshman at Jennie Edmundson School of Nursing in Council Bluffs, Iowa. They met at a party, and when Connie walked in, Bob remarked to his friend, "I just met my wife." They dated off and on and were engaged in their senior year of college.

Bob and Connie raised three children, a boy and two girls, and coached softball and baseball teams. Bob regularly drove his daughters to Omaha, a 120-mile round trip, for pitching lessons.

Over 40 years ago, Connie's father cut down some black walnut trees on his farm in Iowa and had them cut into planks. Bob stored the planks in a garage near his dental office. When it came time to move to Arizona, they brought the black walnut along. Working with their contractor, they had a beautiful buffet made for their kitchen dining area. They also designed lighting fixtures, a desk top and a bathroom vanity using the black walnut, bringing a piece of history and a taste of Iowa to their new home.

Early in their marriage, they purchased a beautiful antique oak buffet (at left), which Connie refinished. It has a prominent place in their living area. Their kitchen table is from Bob’s mother’s family, bringing more deep roots to their home.



Bob is an active volunteer in The Springs, keeping weeds and debris off the nature trail walking path. He works with the grounds crew (See HOT GUYS, below), is a member of the Architectural Review Committee, and serves as a volunteer replacing light bulbs. It’s people like Bob who make our community such a great place to live!

Connie enjoys playing mah jongg in two groups and recently participated in the national mah jongg league for Santa Rita at The Springs. She’s a “regular” at the Fitness Room and pool at The Springs Recreation Center. Reading and attending the gem show are also favorites for Connie. She loves southwest jewelry and learning about the different stones and where they are sourced.

Bob and Connie spent time in Iowa this June visiting their children, two grandsons, and friends. Bob ran into several of his former patients and they hugged him and cried. That speaks volumes to the kind of caring person we are fortunate to have in our midst.

Cooking is a passion they share. Bob’s specialties include grilled salmon, bacon-wrapped venison, pies and cookies.

Look for them in late afternoon tooling around town in their white Mercedes hardtop convertible, with the top down. If you haven’t already met them, be sure to introduce yourself to this delightful couple.



Mark Koruda Photo

HOT GUYS—These intrepid members of the Grounds Crew—Dick Bierman, Bob Muldoon, and Lee Blahnik—cleared brush, cleaned out the fountain, and avoided snakes during the hottest parts of the summer. We owe them lots of thanks.

New Cardiac Study

The Hearty Bunch

Several months ago, The Springs HOA was asked if we would participate in a cardiac arrest study sponsored by two eminent cardiologists, Dr. Marvin Slepian and R. Karl Kern, at the University of Arizona Server Heart Center. The study was designed to determine whether informed volunteers trained to be on-call first responders could arrive at a home sending out a 911 distress call coded as a cardiac emergency with equal if not in better than professional responders, in our case our local fire department. The HOA Board gave us a “thumbs up” to recruit volunteers and stage mock cardiac emergency events in the community.

Sandie Stone prepared this article on behalf of the nine who volunteered for the study: Roger Brink, Stone, Sharon Toborg, Jon Canning, Patsy Sills, Stephanie Walters, Lee Blahnik, Mark Koruga, and Bob Fillion. Stone dubbed this group, “The Hearty Bunch.”

In early May, we began the mock trials. Chief Chuck Wunder of the Green Valley Fire Department supported the study and took the lead on setting up the field trials. When the simulated emergency calls were made, the professionals responded as if the calls were real. The nine-member group of resident volunteers acted as responders. We conducted three days of mock calls. Each volunteer received a text message directing us to a certain address for each trial. Some were assigned to pick up an AED (defibrillator) at one of the designated spots at each of our bulletin board locations. The others went directly to the home. We were told to go about our normal business and not be waiting for the messages; otherwise the study would be less realistic. Volunteers arrived by car, golf cart, or bicycle. One arrived in pajamas.

The Springs is an ideal community in which to conduct the study because we are the Green Valley neighborhood that is the farthest from our assigned fire station. The paramedics arrived very quickly but volunteers who live virtually next door arrived in an average of five minutes, 42 seconds before the professional rescuers. In cases of sudden cardiac arrest, starting CPR and using an AED before the professionals arrive can be the difference between life and death. We plan to conduct another series of trials in August. We anticipate that the results will be the same. Let Sandie know (648-2059) if you want to hear about the study and the trials in more detail.

There are many details and issues to be reviewed as we consider implementing a volunteer program like this in The Springs:

1. Researching sources of funding such as grants to cover the one-time cost of AEDs and weatherproof outdoor cabinets plus a HeartSafe community sign at the entrance.
2. Budgeting for the ongoing program cost including the alerting service, database upkeep, and other maintenance costs
3. Arranging community education and volunteer training.
4. Would all homeowners want to be on alert call list?
5. How do we create and maintain a database of residents?
6. Will we have enough volunteers? Nine is not sufficient.
7. Can we keep the program running?

We will be at the September HOA Board meeting to present our findings and answer questions. If the interest is there to go forward, we will present a complete budget request to the Board in October. Residents are invited to join us if you have questions and want to learn more. We need your input.—**SANDIE STONE**

The Fall Walkaround, in which our Springs Compliance Officer and HOA board members walk the neighborhood to look for code violations such as paints and plants, will be Sept. 10. Homeowners with violations will receive notifications with a suggested time for corrections. Since the monsoon rains, the most common violations may be weeds, not difficult to correct if we do it before they dig in.



Photo Courtesy of Linda Gregory

Camera Club, Largest in State, Provides Education, Trips, Exhibits

This is the third in our CHAT series about the inhabitants of our Springs Recreation Center. Earlier this summer, we profiled the Clay Studio and Santa Rita Art League. Next month, we will have an article about the Computer Club.

The GVR Camera Club of Green Valley, which occupies a well-equipped 3,200 feet on the top floor of our Recreation Village Center near the entrance to The Springs, is one of the largest such clubs in the United States and the largest in Arizona. Its 750 members enjoy many many opportunities to exhibit, compete, and learn.

The original Camera Club was housed in East Center, in small quarters. When digital cameras came in, membership grew much larger, so the Camera Club moved to the rec center in February, 2008. The club comprises a fully-equipped digital darkroom, light room, computers, scanners, mounting and matting rooms, and duplicating equipment. In addition to its famed SIGS (Special Interest Groups), the club offers field trips such as the walking tour, above, and classes including, in January, a 10-week basic general photography course taught by several members.

Membership for one person costs \$30/year, \$40 for two. All memberships start July 1 and are good through the following year. Classes and



Karl Sparfeld Photo

SIGs sharpen members' skills in such concentrations as Photoshop, fine-arts photography, or black-and-white. Often, there are up to eight SIGs a week. Linda Gregory teaches Photoshop Elements, where members bring photos they want to improve on a flash drive. Many members sign up for the ten-week basic general photography class, offered in

January and taught by several members. Some of their best photos are taken on club trips.

More information about specific classes and exhibits may be found on the Website: GVR Camera Club of Green Valley. The Website also offers Photos of the Month, chosen by members of the Special Interest Groups.—JAN KOLTUN

Book Column

Have you Read Anything Good Lately?

If you have, please pass it on, whether it's a new version of a classic, or an old favorite. Other Springs residents would enjoy your reviews. I'll read or re-read anything in 12-point type, a habit gained because my parents used books as babysitters. One of my fondest childhood memories was tucking into a Manning's Cafeteria in San Francisco, just down the hill from the Mark Hopkins Hotel, for an evening with a new *Dr. Dolittle*, a lamb chop, hard roll and big squares of Jell-O, while Mom and Dad went night-clubbing.

Although the reading material has changed often, the habit has remained. Most recently, immersion in Mary Karr's wonderful *The Art of Memoir* has intensified my enjoyment of this genre. The perusal was most rewarding in a pair of books written by Geoffrey and Tobias Wolff, no relation, so far as I know, to Virginia Wolff.

Geoffrey, raised by his narcissistic con-man father, wrote *The Duke of Deception*. Tobias, raised by his caring mother who made poor choices of husbands, produced *This Boy's Life*, remarkable for its lack of self-pity after a hellish upbringing that his mother was incapable of changing. Both boys found salvation in each other, and in writing memoir.

Although my wisest friends use our good Joyner Library, I prefer buying books, a pleasure akin to eating those Mannings lamb chops years ago. One of my favorite catalogs is Bargain Books, which arrives regularly from Edward R. Hamilton Booksellers in Falls Village, Connecticut. This offering includes current titles, art, biography, science, cooking, and such gems as *THE SECRET MESSAGE OF JULES VERNE: Decoding His Masonic, Rosicrucian, and Occult Writings*, published at \$19.95; \$4.95 for you or me, a "must" for anybody who loved *Twenty Thousand Leagues Under the Sea*.

CHAT AD Do you need to check out your parapets and roof, but don't want to get up on a ladder? I can use my drone to take a video of your entire roof and parapets for \$15. Call 480 330-8916.